



From Pasto Mtwa

"And you will know the truth, and the truth will set you free." John 8:32

Transformation through appreciation.

1. What is Transformation? [change, alteration, conversion, metamorphosis, transfiguration.]

- a marked change in form, nature, or appearance.
- Spiritual Transformation is the change we are talking about.
- It is not behavioural improvement but the complete change of a life style according to the word of God.
- It is not the change in outward appearance but inward change of thinking.
- Spiritual transformation because of accepting Jesus Christ as Lord and personal saviour.
- Thinking, Praying, speaking and acting in line with the will of God and the word of God.
- The new identity that we receive from God as Christians through the blood of Jesus.
- Losing your old identity and become identified with Jesus Christ.
- Obeying the leading of the Holy Spirit and command of the word of God.

2. Scriptures about Transformation.

- Joshua 1:8 ; Psalm 1:1-3.
- 2 Corinthians 5:17-18; Ezekiel 36:26.
- Romans 12:2 ; Philippians 1:6.
- Luke 6:43-45 ; Psalm 139:23-24.
- Jeremiah 32:38-40.

3. What is appreciation? {English dictionary}

- The act of recognizing that something is important.
- The act of recognizing that something is valuable.
- The act of understanding that something is valuable.
- The act of understanding that something is important.
- The act of thankfulness.
- The act of gratitude.

4. Scriptures about appreciation.

- Psalm 34:8; 1 Thessalonians 5:12.
- 1 Thessalonians 5:18 ; 1 Corinthians 1:4.
- Proverbs 17:17 ; 2 Timothy 1:3.
- Philippians 1:3 ; John 15:13.

5. How does appreciation transform a person?

- Affirmation [Declare Gods truth and promises over the life of the other person].
- Helps us to understand God's love and mercy.
- Releases potential to do best and be the best that a person can be.
- Does not focus on perfection but focuses on excellence.
- Builds up self-esteem.
- Shows unconditional love.
- Activates the grace of God through the blood of Jesus and the anointing of the Holy Spirit.
- Helps to remove negative emotions such as envy, hatred, and anger.

Numbers 6:24-26

"The Lord bless you and keep you; the Lord make his face to shine upon you and be gracious to you; the Lord lift up his countenance upon you and give you peace".

Downtown Christian Centre

"A GOD fearing Church, Serving all nations, Demonstrating Kingdom living".